FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-028									

37 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Shoaf Forrest				CF	2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
													, <u>51</u>			icer (give title		(specify	
(Last) (First) (Middle) 305 HARTMANN DR						3. Date of Earliest Transaction (Month/Day/Year) 07/30/2010									below) below) Sr. VP & Chief Legal Officer				
(Street) LEBANON TN 37087					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(St	ate) (Zip)												Pe	rson			
		Tabl	e I - Nor	n-Deriv	ative	Sec	curitie	s Acc	quired,	Dis	posed o	f, or	Ben	eficia	ally Owi	ned			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,		Code (Transaction Disposed (Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3, 4			nd Seci Ben Owr	mount of urities eficially ed Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount		A) or D)	Price	Tran	saction(s) r. 3 and 4)		(Instr. 4)		
Common Stock 07/30/					/2010	2010		F		449(1)		D \$48		.98	46,137	D			
		Та	able II - D (sed of, onvertib				y Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea	Date,	4. Transactio Code (Inst		on of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A) (D) Date Expiration Date Title Shares												

Explanation of Responses:

1. Represents shares deducted to satisfy federal income tax withholding obligations on the vesting of a portion of a previously disclosed award.

Remarks:

Forrest Shoaf

08/03/2010

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.