FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COCHRAN SANDRA B (Last) (First) (Middle) 305 HARTMANN DR (Street) LEBANON TN 37087 (City) (State) (Zip)					3. Da 09/3	2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL] 3. Date of Earliest Transaction (Month/Day/Year) 09/30/2022 4. If Amendment, Date of Original Filed (Month/Day/Year)								5. Relationship of Reporting Person(s) to Issuer Check all applicable) X Director 10% Owner X Officer (give title Other (specify below) President & CEO 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Transa Date (Month/D						Execution Date,			3. Transa Code (ction	4. Securitie	s Acquired	(A) or	5)	5. Amoun Securities Beneficia	s Ily	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						(IVIC	Month/Day/Tear)		Code	v	Amount	(A) or (D)	Price		Owned Following Reported Transaction(s) (Instr. 3 and 4)					
Common Stock				09/30/2022					М		19,448(1) A	\$0.0	00	229,121		D			
Common Stock				09/30	30/2022				F		8,237(2)	D	\$92.58		220,884		D			
Common Stock				09/30	09/30/2022				F		2,374(3)	D	\$92.	58	218,510		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,		Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerc ion Da Day/Y		7. Title an Amount o Securities Underlyin Derivative (Instr. 3 an	of S g Securit	De Se (In	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Cod	Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Number of Shares	er						
Performance Stock	\$0.00	09/30/2022			M	М		19,448	09/30/2022		09/30/2022	Common Stock 0.			\$0.00			D		

Explanation of Responses:

- 1. Vesting based on two-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY21 Long-Term Performance Plan.
- 2. Represents shares deducted to satisfy federal tax withholding obligations on the vesting of the award disclosed in row one of this table.
- 3. Represents shares deducted to satisfy federal tax withholding obligations on the vesting of a previously disclosed award.

Remarks:

Sandra B. Cochran by Richard M. Wolfson, Attorney-in-Fact

10/03/2022

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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