FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* COCHRAN SANDRA B					CF	2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]									heck all	ship of Reportii applicable) virector officer (give title	10	o Issuer % Owner ner (specify
(Last) (First) (Middle) 305 HARTMANN DR						3. Date of Earliest Transaction (Month/Day/Year) 07/30/2013										elow)		ow)
(Street) LEBANON TN 37087 (City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) <mark>X</mark> F F	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tabl	e I - No	n-Deriv	ative	Se	curitie	s Acc	quired,	Dis	posed o	f, or	Bene	ficia	lly Ov	vned		
Date				:h/Day/Year) Execut			Deemed ecution Date, ny onth/Day/Year)		Transaction Dispose Code (Instr. 5)		ties Acquired (A) d Of (D) (Instr. 3, 4			d Se Be Ov	Amount of curities neficially ned Following ported	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	of Indirect Education of the second of the s	
									Code	v	Amount	(A) or D)	Price	Tra	ported insaction(s) str. 3 and 4)		(Instr. 4)
Common Stock 07/30/2					/2013	2013		A		12,000	(1)	A \$0			83,907			
		Та									sed of, onvertib				/ Own	ed		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) o Dispo of (D) (Instr and 5	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		8. Price Derivati Security (Instr. 5	ve derivative Securities	Ownersi Form: Direct (E or Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)

Explanation of Responses:

1. These shares will cliff vest on July 30, 2016.

Remarks:

Sandra B. Cochran by Michael J. Zylstra, Attorney-in-fact

08/01/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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