SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

		-					Washin	gton, D.	C. 20	549					OMB APPRO	OVAL
Section obligat	this box if no lo n 16. Form 4 or ions may contir tion 1(b).	d pursua	Depursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							Estima	OMB Number: 3235-0287 Estimated average burden hours per response: 0.5					
1. Name and Address of Reporting Person* Shoaf Forrest (Last) (First) (Middle) 305 HARTMANN DR					2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL] 3. Date of Earliest Transaction (Month/Day/Year) 06/06/2011						(Ch	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Sr. VP & Chief Legal Officer				
(Street) LEBANO (City)			37087 Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year)						Lin	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transact Date (Month/Day)			tion	Execution Date, Transaction Disposed Of (D) (Instr. 3, 4					(A) or	r 5. Amount of Securities Beneficially Owned Follow		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						Code	v	Amount	(A) or (D)	Price		orted saction(s) r. 3 and 4)		(Instr. 4)		
Common Stock 06/			06/06/	2011			S		500	D	\$45.02	(1)	39,347	D		
Common Stock 06/06			06/06/	2011			G	v	100	D	\$ <u>0</u>		39,247	D		
Common Stock 06/08/			06/08/	2011			G	v	100	D	\$ 0		39,147	D		
		Ta	ble II -							osed of, convertib			Owneo	ł		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/I		4. Transact Code (In 8)	tion o nstr. E A (A C O O ()	5. Number of Derivative Securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5)	6. Date Expirat (Month)	ion Da		7. Title an Amount of Securities Underlyin Derivative Security (and 4)	f ; ; g (3. Price of Derivative Security Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. Represents the weighted average sale price for the transaction reported. Sales prices ranged from \$45.02 per share to \$45.03 per share. The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

(A) (D) Date Exercisable

Expiration Date

Remarks:

Forrest Shoaf

Title

06/08/2011

** Signature of Reporting Person

Amount or Number

of Shares

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code v

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.