FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COCHRAN SANDRA B (Last) (First) (Middle) 305 HARTMANN DR (Street) LEBANON TN 37087					3. t 09.	Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL] Date of Earliest Transaction (Month/Day/Year) 09/18/2014 If Amendment, Date of Original Filed (Month/Day/Year)								<u>Y</u>	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) President & CEO S. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(City)	(St	e) (Zip)														Form filed by More than One Reporting Person			oorting
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea					ear)	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Di Of (D) (Instr. 3, 4 and 5)				posed	5. Amount of Securities Beneficially Owned Follo		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
								ď	Code	v	Am	nount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock 09/18/2014					14				A		26	6,322(1)	Α	\$0	\$ <mark>0</mark>		59,828	D	
Common Stock 09/18/2014					14				F		10	0,824(2)	D	\$103	\$103.85		49,004	D	
Common Stock 09/18/2014					14				A		36	6,009 ⁽³⁾	A	\$0		1	85,013	D	
Common Stock 09/18/2014					14				F		15	5,106 ⁽⁴⁾	D	\$103.85		169,907		D	
Common Stock 09/19/2014					14				S		4	40,000	D	\$103.5646(5)		129,908(6)		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. 3. Transaction Date (Month/Day/Year) 3. Deemed Execution Date, if any (Month/Day/Year) 3. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year)		4. Trans Code 8)	(Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Ex Expiration (Month/Da		n Dat ay/Ye	te	7. Title and Amount of Securities Underlying Derivative Security (Instr. : and 4) Amount of Number of Shares		Deriv Secu (Inst		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- 1. Award based on two-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY13 Long-Term Performance Plan.
- 2. Represents shares deducted to satisfy federal tax withholding obligations on the granting of the award disclosed in row one of this table.
- 3. Award of market-based stock units based on three-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY12 Long-Term Incentive Grant.
- 4. Represents shares deducted to satisfy federal tax withholding obligations on the granting of the award disclosed in row three of this table.
- 5. Represents the average sale price for the transaction reported. Sales prices ranged from \$102.77 per share to \$104.30 per share. The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 6. Includes one share that was inadvertently omitted on a previous Form 4.

Remarks:

Sandra B. Cochran by Michael J. Zylstra, Attorney-in-fact

09/22/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.