FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								,			1 7								
1. Name and Address of Reporting Person*  COCHRAN SANDRA B					CF	2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [ CBRL ]									Check all ap Dire	plicable)	10% (	Person(s) to Issuer  10% Owner  Other (specify	
(Last) (First) (Middle) 305 HARTMANN DR					3. Date of Earliest Transaction (Month/Day/Year) 09/13/2012								1	X Officer (give title Other (specify below)  President & CEO					
(Street)  LEBANO (City)			37087 (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Tabl	e I - No	n-Deri\	/ative	Se	ecurit	es Ac	quired	l, Dis	sposed o	f, or	Ben	efici	ally Own	ed			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execution Date		on Date,	3. Trans Code 8)		curities Acquired (A) osed Of (D) (Instr. 3, 4			id 5) Secui Bene	ficially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount		(A) or (D)	Price	Trans	action(s) 3 and 4)		(11150.4)	
Common Stock 09/13/2					/2012	2012		A		18,585	(1)	A	\$	0 !	56,341	D			
Common Stock 09/13/2				/2012	2012			F		6,775(2	2)	D	\$66	5.17	49,566	D			
		Та									osed of, onvertib				y Owned				
1. Title of Derivative Conversion or Exercise Price of Derivative Security  (Instr. 3)  2. Conversion Date (Month/Day/Year)  3A. Deemed Execution Date, if any (Month/Day/Year)					Transaction Code (Instr.		of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Nur of	ount mber ires					

## **Explanation of Responses:**

- 1. Award based upon 2-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the 2011 Long-Term Performance Plan.
- 2. Represents shares deducted to satisfy federal income tax withholding obligations on the granting of the award disclosed in this filing.

## Remarks:

Sandra B. Cochran by Michael
J. Zylstra, Attorney-in-fact

09/14/2012

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.