FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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	OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(ii) or the investment Company Act or 1940						
1. Name and Addr Barber Doug (Last)	(First)	Person [*] (Middle)	Store Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL] 3. Date of Earliest Transaction (Month/Day/Year) 10/11/2010	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Executive VP & COO					
305 HARTMANN DR			10/11/2010						
(Street) LEBANON (City)	TN (State)	37087 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									

4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 5. Amount of 6. Ownership 7. Nature 3. Transaction Form: Direct (D) or Indirect of Indirect Beneficial Execution Date, (Month/Day/Year) Beneficially if any (Month/Day/Year) Code (Instr. 8) Owned Following (I) (Instr. 4) Ownership (Instr. 4) Transaction(s) (A) or (D) ν Price Code Amount (Instr. 3 and 4) 10/11/2010 Common Stock M 16,346 \$27.02 49,280.251 D Α 10/11/2010 Common Stock S 16,346 D \$52.3737(1) 32,934.251 D 10/12/2010 M 1,650 D Common Stock Α \$35.6 34,584.251 Common Stock 10/12/2010 S 1,650 D \$52.1454⁽²⁾ 32,934.251 D Common Stock 10/12/2010 M 5,062 Α \$34.6 37,996.251 D \$52.1454(2) Common Stock 10/12/2010 S 5,062 D 32,934.251 D M 788 Α \$27.02 33,722.251 D Common Stock 10/12/2010 Common Stock 10/12/2010 S 788 D \$52.1454(2) 32,934.251 D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

2,279(3)

D

\$52.05

30,655.251

D

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8) 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (right to buy)	\$27.02	10/11/2010		M			16,346	(4)	09/25/2018	Common Stock	16,346	\$0	17,922	D	
Stock Options (right to buy)	\$35.6	10/12/2010		M			1,650	(5)	09/22/2014	Common Stock	1,650	\$0	0	D	
Stock Options (right to buy)	\$34.6	10/12/2010		M			5,062	(6)	09/22/2015	Common Stock	5,062	\$0	0	D	
Stock Options (right to buy)	\$27.02	10/12/2010		M			788	(4)	09/25/2018	Common Stock	788	\$0	17,134	D	

Explanation of Responses:

Common Stock

- 1. Represents the weighted average sale price for the transaction reported. Sales prices ranged from \$52.30 per share to \$52.50 per share. The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 2. Represents the weighted average sale price for the transaction reported. Sales prices ranged from \$52.00 per share to \$52.42 per share. The reporting person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.
- 3. Represents shares deducted to satisfy federal income tax withholding obligations on the vesting of a previously disclosed award.

10/12/2010

- 4. This option grant vests over three years in equal installments on September 25, 2009, 2010 and 2011, respectively.
- 5. This option grant vested over three years in equal installments on September 22, 2005, 2006 and 2007, respectively.
- 6. This option grant vested over three years in equal installments on September 22, 2006, 2007 and 2008, respectively.

Remarks:

Doug Barber by Forrest Shoaf, Attorney-in-fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.